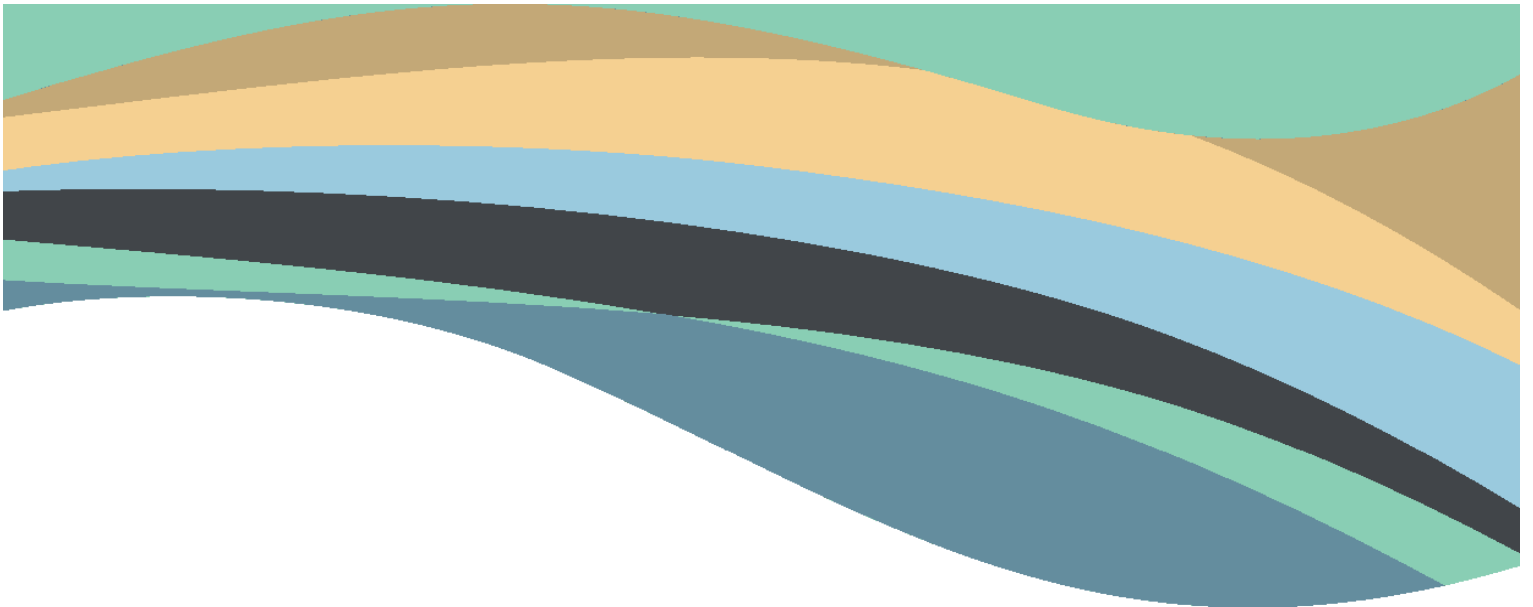


***Nepean Multicultural Access Inc.***

# ***Annual Report 2018***



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# About NMA

Nepean Multicultural Access Inc. (NMA) is a community based non-government and not for profit organisation dedicated to facilitating the settlement of migrants and refugees in the Nepean Region. NMA works in collaboration with local CALD communities and service providers to achieve outcomes that will improve the quality of life of refugees, migrants and frail CALD Seniors and their carers.

This is achieved by delivering:

- ✓ appropriate information and referral services,
- ✓ one to one services to address individual needs,
- ✓ building capacity and encouraging participation in the wider community.
- ✓ fostering independence
- ✓ provide an avenue for social interaction
- ✓ address cultural needs and implement culturally appropriate practices.
- ✓ identify and address issues that impact on the wellbeing of local CALD communities and individuals.
- ✓ promote social cohesion.

## MISSION

We are committed to work with the Culturally and Linguistically Diverse (CALD) Community, the community at large and service providers to facilitate the inclusion and empowerment of the CALD community aiming to reach equality of opportunity and participation.

## VISION

To be a responsive and effectively managed organisation that advocates and assists the development of the CALD community, working to achieve social cohesion.

## VALUES

Respect.  
Social Justice.  
Inclusion.  
Accountability.  
Continuous improvement.

# President's Report

John Joosten

It is my privilege to again report the achievements of Nepean Multicultural Access over the last twelve month. Looking back it seems that the organisation is getting busier all the time and it is the professionalism of our staff that provides us with such high quality of the services.

A week after our last A.G.M. we received a grant of \$20,000 under the Stronger Community Grants, supported by our Federal Local MP, Ms Emma Husar. This grant assisted NMA with the purchase of a 12 seater bus, used to provide transport to small groups.

We were successful in obtaining 3 years funding from the Department of Social Services under the Strong and Resilient Communities , Inclusive Communities Scheme the provides the funding for the Nepean Community Engagements Program (NCEP). This program assist CALD communities that have been in Australia for more than five years in Penrith and the Blue Mountains to have and active and meaningful participation in community life, improve their access to services and employment.

We welcomed Shahnaz Martin as the NCEP worker. Shahnaz has settled well and is doing a great job since her full time employment in May this year. In April we welcomes Sharon Guggerty as a Group Assistant in the Multicultural mobile Aged Day Care Program.

We were sad to see Orlando Chiang and Jean Pierre Le- Fevre leaving NMA due to health reasons. Orlando was with our organisation for 13 years and Jean Pierre for 7 years, we wish them both all the best for their future.

Our annual events such as Harmony Day in March, Seniors Festival in April and Refugee Week were again a great success, well attended and as usual very well organised. NMA is very fortunate to have wonderful partners to run these events that promote the contribution and participation of the Culturally and Linguistically Diverse (CALD) communities to the wider community.

On the 3<sup>rd</sup> of May we had a visit of Mr. Tony Burke, Manager of the Oppositions Business in the House and Ms. Emma Husar. Mr. Bourke was very interested to know how the CALD settlements processes are running in Lindsay and what NMA sees as main issues of concern. On the 18<sup>th</sup> of May in conjunction with Penrith City Council and SydWest Multicultural Services we co-hosted the Multicultural NSW Advisory Board visit to Penrith where we had the opportunity to showcase the local CALD communities talents as well of raising issues. This event was also attended by the Hon Ray Williams , Minister for Multiculturalism and Minister for Disability Services. Again, thanks to everybody involved, we showed that with the right attitude and working in collaboration nothing is impossible.

I would like to take this opportunity to acknowledge N.M.A. partnerships with all levels of governments, especially Penrith City Council who provides us access to these premises, to Settlement Services International through the NSW Settlement Partnership that provides the funding for our Settlement Program the Department of Health under the Commonwealth Home Support Program that funds our Multicultural Mobile Age Day Care Program and the Department of

Social Services under the Strong and resilient Communities , Inclusive Communities Scheme the provides the funding for the Nepean Community Engagements Program.

I also like to thank and show my appreciation to all NMA's Staff and Management Committee and wonderful and dedicated Volunteers for their untiring work and commitment. Our new committee members David Ryan and Sandra Sonego are a welcome addition to the Management Committee  
THANK YOU to everyone involved, without your input the result of our services would not be the same.

J. Joosten  
President.  
November 2018

# **Treasurer's Report and Auditor's Report**

**Valeria Bascunan**

I am pleased to present the audited financial statement of Nepean Multicultural Access Inc. (NMA) for the period ended 30<sup>th</sup> of June 2018 indicating that the organisation is solid.

The submitted Financial Statements are in accordance with the NSW Government's Standard Community Services 2010-11 service agreement and Reporting Guidelines and the Federal Government's Australian Charities and Not for Profits Commission Act 2012 and Regulation 2013.

In summary, I pleased to report a succesful year for NMA with the Statement of financial performance showing a significant Surplus compared with last year of \$18,614.31 for the current year.

Our income for the year was of \$517,062.84 which came mostly from grants received from the Department of Social Services, Settlement Services International, Wentworth Health Care and other fundig's from Penrith Council and St Marys District Band Club LTD. It should be noted that there is an additional grand of \$20,000 under General grants and fully expended for the acquisition of a bus.

Our expenditure for the year was \$498,448.53. Much of this expenditure was for staffing costs, including salaries and pension contribution. Other significant cost include office expenditures and insurance.

Our Statement of financial position shows an accumulated funds of \$158,408.39. All Financial Statement for the end of June 2018 are attached showing that the NMA Project accountability obligations for the year have been met on time and when they become due and payable.

Therefore, I can say that there are reasonable grounds to believe that NMA is in a stable financial position and is well placed to remain so into the future.

I would like to take the opportunity to say thanks to the Management Committee Members and all the amazing office staff in special Laura Sardo for all the hard work and support during the year to secure a greater future for NMA to provides greater stability for services, service user and staff and allowing us to plan for the most efficient use of resources to develop a stronger organisation.

Please see attached the Audited report for the 2017-2018 financial year.

Valeria Bascunan  
Treasurer



**Nepean Multicultural Access Inc**

**ABN 99 948 708 925**

**Audit Report to the Members  
For the year ended 30 June 2018**

**Scope**

We have audited the financial report of Nepean Multicultural Access Inc. comprising the profit and loss account, and balance sheet, for the year ended 30<sup>th</sup> June 2018.

The committee is responsible for the financial report and they have determined that the accounting policies used are appropriate to meet the needs of the Associations Incorporation Act, the needs of the members, DOH — Department of Health Services, Settlement Service International, and Department of Social Service. We have conducted an independent audit of the financial report in order to express an opinion on them to the specified users. No opinion is expressed as to whether the accounting policies used, are appropriate to the needs of the specified users.

The financial report has been prepared for the purpose of fulfilling the requirements of the specified users. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the specific users, or for any purpose other than that for which it is prepared.

Our audit has been conducted in accordance with Australian Auditing Standards to provide reasonable assurance as to whether the financial report is free of material misstatement. Our procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all materials respects, the financial report is presented fairly in accordance with the Accounting Standards and other mandatory professional reporting requirements and statutory requirements so as to present a view which is consistent with our understanding of the company's financial position and the results of its operations.

The audit opinion expressed in this report has been formed on the above basis. **Audit Opinion**

In our opinion, the financial report of Nepean Multicultural Access Inc for the year ended 30<sup>th</sup> June 2018 presents fairly in accordance with applicable Accounting Standards and other professional reporting requirements in Australia for the year ended 30<sup>th</sup> June 2018.

**Michael Godwin**

Partners:

**Michael Godwin CPR  
Peter Belcastro CR**

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Chartered Accountants & CPA Australia

Tax agent  
66780003



**Nepean Multicultural Access Inc**  
**ABN 99 948 708 925**  
**Management Committee's Report**  
**For the year ended 30 June 2018**

Nepean Multicultural Access Inc. (NMA) is a non-profit organization funded by the commonwealth and state government to support culturally and linguistically Diverse (CALD) migrants and refugees residing in the Penrith, Hawkesbury and Blue Mountains LGA's.

In the opinion of the Committee the accompanying financial report, presents a true and fair view of the financial position of Nepean Multicultural Access Incas at 30 June 2018 and its performance for the financial year ended on that date.

**Committee Members**

The names of committee members at the date of this report were

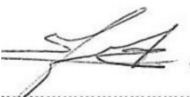
John Joosten	President
Caroline Goosen	Vice President
Connie Reid	Secretary/Public Officer
Valeria Bascunan	Treasurer
Sonia Cantalupo	Ordinary Member
Rhonda Venables	Ordinary Member
Thelma Mathias	Ordinary Member
David Ryan	Ordinary Member
Frank Reginald Murray	Ordinary Member
Sandra Sonego	Ordinary Member

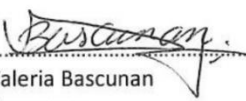
**Operating Results**

The operation result of the organisation was a surplus represented by income exceeding expenditure.

Year ended  
30 June 2018  
\$18,614.31

This Statement is made in accordance with a resolution of the Management Committee and is signed for and on behalf of the Committee by:

  
.....  
John Joosten  
President

  
.....  
Valeria Bascunan  
Treasurer


Dated: 23/08/2018,



**Nepean Multicultural Access Inc**  
**ABN 99 948 708 925**  
**Consolidated Accounts**  
**Balance Sheet as at 30 June 2018**

<b>CURRENT ASSETS</b>			<b>2018</b>
NMA - Term Deposit Account	1	\$	410,000.00
NMA - General Account		\$	2,511.48
NMA - Business Online Saver		\$	44,698.92
Cash on hand -CSS1,HACC,ADMIN	2	\$	900.00
<b>TOTAL CURRENT ASSETS</b>		<b>\$</b>	<b>458,110.40</b>
<b>Non-Current assets</b>			
Bus at Net Cost	3		61,842.45
<b>Total Non-current assets</b>			<b>61,842.45</b>
<b>TOTAL ASSETS</b>			<b>519,952.85</b>
<b>CURRENT LIABILITIES</b>			
Payables	4	\$	8,718.00
Grant received in Advance-Projects	5	\$	2,230.00
Allocations	6	\$	126,000.00
GST and Fuel Tax Liabilities	7	\$	8,321.98
Payroll Liabilities	8	\$	8,210.48
Staff Leave Entitlements	9	\$	208,064.00
<b>Total Current Liabilities</b>		<b>\$</b>	<b>361,544.46</b>
<b>NET ACCUMULATED FUNDS</b>			<b>158,408.39</b>

**Audited By: Michael Godwin (CPA-1598743)**



23/08/2018

**Nepean Multicultural Access Inc**  
**ABN 99 948 708 925**  
**Notes to and forming part of the Financial Statements**  
**For the year ended 30 June 2018**

<b>Note 1 Cash Assets</b>	
Commonwealth Bank -Term Deposit	410,000.00
Commonwealth Bank -Business Online Saver	44,698.92
Commonwealth Bank - General Account	<u>2,511.48</u>
	<b><u>457,210.40</u></b>
<b>Note 2 Cash on Hand</b>	
Petty Cash 551-2, Admin,CE	400.00
Petty Cash CHSP	<u>500.00</u>
	<b><u>900.00</u></b>
<b>Note 3 Non.Current Assets</b>	
Bus at Cost	\$152,121.45
Bus Accumulated Depreciation	<u>(\$90,279.00)</u>
	<b><u>\$61,842.45</u></b>
<b>Note 4 Payables</b>	
Sundry Creditors & Accruals	1,800.00
TIL Wages	2,633.00
Relief Wages	<u>4,285.00</u>
	<b><u>8,718.00</u></b>
<b>Note 5 Unexpended Grants</b>	
Unexpended Grants Project Nine	<u>2,230.00</u>
	<b><u>2,230.00</u></b>
<b>Note 6 Allocations</b>	
Provision for Sewing Machine Maintenance	2,000.00
Community Program Support	14,000.00
Professional Development	5,000.00
Marketing Strategies	3,000.00
Contingency	5,000.00
Organisational Restructure	10,000.00
Organisational Support	<u>87,000.00</u>
	<b><u>126,000.00</u></b>
<b>Note 7 GST and Fuel Tax Liabilities</b>	
GST Collected	10,083.64
GST Paid	<u>(1,696.66)</u>
Fuel Tax Credit	<u>(65.00)</u>
	<b><u>8,321.98</u></b>
<b>Note 8 Payroll Liabilities</b>	
Superannuation Payable	2,992.48
PAYG Withholding Payable	<u>5,218.00</u>
	<b><u>8,210.48</u></b>
<b>Note 9 Provision for Employee Entitlements</b>	
Long Service Provision	93,725.00
Annual Leave Provision	48,918.00
Personal Leave Provision	21,821.00
Redundancy Leave Provision	<u>43,600.00</u>
	<b><u>208,064.00</u></b>



**Nepean Multicultural Access Inc**  
**ABN 99 948 708 925**  
**Notes to and forming part of the Financial Statements**  
**For the year ended 30 June 2018**

**NOTE 10: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES**

The financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of Nepean Multicultural Access Inc. The committee has determined that the association is not a reporting entity.

The financial report has been prepared in accordance with the following Accounting Standards:

AASB 112: Income Taxes

AASB 1131: Materiality

AASB 111: Events Occurring After Reporting Date

No other Accounting Standards, Urgent Issues Group Consensus Views or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The financial report has been prepared on an accrual basis and is based on historical costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report:

**(a) Income Tax** The entity is exempt from income tax.

**(b) Fixed Assets** Fixed Assets are carried at cost less where applicable any accumulated depreciation.

The depreciation amount of all fixed assets are depreciated over the estimated useful lives of the assets to the association commencing from the time the asset is held ready for use.



**Nepean Multicultural Access Inc**  
**ABN 99 948 708 925**

**Detailed Income & Expenditure Account**  
**For the year ended 30 June 2018**


**INCOME**

Fuel Tax Credit Income	\$	312.00
CHSP-Social Support and Transport	\$	259,220.04
SACS for CHSP - Social Support and Transport	\$	1,596.31
Sector Development -3BU	\$	6,122.96
SSI-Settlement Delivery	\$	135,896.35
SSI-ERO-Settlement Delivery	\$	6,486.00
DSS- Community Engagement	\$	34,473.00
Activities Income	\$	4,180.00
Interest Income	\$	9,363.64
Membership and Donation	\$	104.00
Miscellaneous Income	\$	6,573.61
Other Fund and Refund	\$	4,967.93
Program - Contribution	\$	12,322.00
Sessional Fees	\$	780.00
Capital Grant -Bus	\$	20,000.00
Reserve Income	\$	6,165.00
Assets Sale	\$	8,500.00
<b>TOTAL INCOME</b>	<b>\$</b>	<b>517,062.84</b>

**LESS EXPENDITURE**

Bus Insurance	\$	3,490.82
Catering	\$	8,149.84
Bus - Registration	\$	1,374.64
Volunteers	\$	1,116.97
Transport Costs	\$	3,841.22
Programme Cost- Materials,etc	\$	5,550.53
Bus Repair & etc.	\$	2,839.10
Class Fee	\$	2,250.00
Depreciation - Bus	\$	9,356.00
Dues & Subscriptions	\$	3,420.60
IT Support, Software, Equipment, Furniture	\$	13,472.07
Bank Charges	\$	405.03
Marketing Promotion and Advertising	\$	1,167.74
Immigration Assistance	\$	1,000.00
Insurances	\$	3,509.77
Auditing	\$	1,663.64
Office Supplies	\$	1,090.47
Photocopying & Printing	\$	1,980.60
Telephone, Internet, website	\$	6,598.10
Office Amenities	\$	645.86
Travel and Mileage Reimbursement	\$	3,621.27
First Aid Allowance	\$	804.48
Training and Conference	\$	208.27
Superannuation	\$	34,486.99
Wages & Salaries	\$	373,805.80
Workers' Compensation	\$	7,520.59
Staff Leave Entitlements	\$	5,078.13
<b>TOTAL EXPENDITURE</b>	<b>\$</b>	<b>498,448.53</b>

<b>Surplus/ (Deficit)</b>	<b>\$</b>	<b>18,614.31</b>
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 24/8/18

# Centre's Report

Laura Sardo

It is my pleasure to present the 2017-18 Nepean Multicultural Access Inc. achievements on behalf of NMA's Staff. As always, we endeavour to provide our clients with the best possible service, keeping up to date with the needs of the communities we serve.

NMA's Management Committee and Staff ensures that all the accountability requirements of the funding agreements' are met and that the organisation is up-to-date with changes in legislation and service delivery needs, incorporating them in our Policies and Procedures.

Continuous improvement is a constant motivation for our Management and Staff. NMA's efficient financial management has allowed us to use self-generated funds to enhance our service delivery, giving us the opportunity to employ group facilitators and child care workers, thereby increasing the community access to our programs.

As a member of the **NSW Settlement Services Partnership (NSP)** led by Settlement Services International (SSI), NMA has supported and actively participated in all the activities organised by the Consortia and working parties. NMA was a member of the organising committee and panel m at the very successful **NSP Showcase** Event (Nov 2017).

Our **Multicultural Mobile Aged Day Care Program (MMADC)** is funded by the Department of Health under the Commonwealth Home Support Program. Every 3 years the Australian Aged Care Quality Agency conducts a review of service providers. Our program was reviewed in Sept 18, this review is based on evidence and evaluations of all services provided to our clients as well as of our governance and operational structures. We are happy to report that NMA complies with all aspect of the review. The Australian Aged Care Quality Agency report is very positive and encouraged us to continue in our endeavour to provide the CALD Seniors with relevant and efficient services.

In April 2018 the Department of Social Services under the Strong and Resilient Communities-Inclusive Communities granted NMA 3 years funding to deliver the **Nepean Community Engagement Project (NCEP)**. This project started in April 2018 aiming to establish positive and sustainable links between the CALD and the main stream communities as well as providing support to CALD individuals outside the settlement services scope. We welcomed Shahnaz Martin as the NCEP worker and Wendy Lake as a clerical support for the project (5 hours p/w). We are very proud of the ground covered by Shahnaz in a very short period and look forward to continue the good work.

Sadly, we said goodbye to our MMADC colleagues, Orlando Chiang, Jean Pierre Le Fevre and Maria Luz Berroga. They resigned to their positions for personal reasons, after many years of wonderful service. We wish them all the best for the future.

The Harmony Day, Refugee Week and Senior's Week and International Women Day celebrations are highlights in NMA's calendar. This year we add the visit of the Hon. Ray Williams, NSW Minister for Multiculturalism and Disability Services and the Multicultural NSW Board of Directors. This visit was planned in partnership with Penrith City Council and SydWest Multicultural Services. It gave us the opportunity to showcase the cultural diversity of the Penrith LGA, the contribution of the migrant and

refugee communities. We had the opportunity to demonstrate to the visiting dignitaries the amazing work done by our services to support CALD settlement in Penrith.

We continue to deliver our services with a strong a social justice principle, representing the CALD community needs and issues at government and non-government level as well as convening the Penrith and Hawkesbury Multicultural Interagencies.

NMA's work couldn't be done effectible without our partners across the government and the community sector. These partnerships are that are vital to success of our service and our client's outcomes. Our special thanks to our closest partners:

**Penrith City Council, Hawkesbury City Council, NBM Local Health District, Multicultural Health Service, TAFE NSW SydWest Multicultural Services, Penrith Women Health Centre, St Marys Area Community Development Project, Project 9, Illuminart , Nepean Food Services, Nepean Volunteers Service, Catholic Care Mamre Project, NSW Department of Human Services (Centrelink), STARTTS, Dept. of Family and Community Services, Mountains Community Resource Network, Community Junction, Peppercorn Services Inc., Refugee Health, Yoga Impact Charity and Thrive Services, Katoomba.**

NMA Staff is guided and supported by the organisation's very diverse and capable Management Committee. This amazing groups a volunteers have the ultimate responsibility for the organisation, their skills and strong commitment to make a difference in people's life contribute to make NMA the efficient organisation it is.

We can honestly say that our work couldn't be done without the support of our dedicated volunteers. Our sincere gratitude to **Nick Kandris, Aida Fratti, Lu Szuhya, Hoda Merheb, Christie Woods and Mary Murray**. Their work supporting our groups week by week is invaluable.

My personal thanks to my colleagues, especially those responsible for the smooth delivery or our programs: **Elizabeth Chavez, Bhami Nanthan, Sergio Gonzalez and Shahnaz Martin**, and to our Seniors' Groups Assistants **Dimitra Kandris ,Mary Carpinelly, Wendy Lake, Scott Edwards, Sharon Guggerty and Puspa Achaira** their professionalism, work ethics and team spirit make my work as Manager very pleasant and rewarding.

I extend my gratitude, to the NMA Management Committee especially to our Executive, **John Joosten, Connie Reid, Caroline Goosen and Valeria Bascunan** that guided and supported our staff at all times.

We look forward to continuing our work serving the CALD communities in the Nepean Region with enthusiasm and commitment.

Laura Sardo  
Manager  
On behalf of NMA's Staff

# Programs and Activities

NMA's services are funded by the Department of Health under the Commonwealth Home Support, the Department of Social Services Settlement Grants Programs as part of the NSW Settlement Partnership led by Settlement Services International (SSI) and the Department of Social Services under the Strong and Resilient Communities- Inclusive Communities Scheme

## Multicultural Mobile Aged Day Care Program

Elizabeth Chavez

- ❖ Empower CALD Seniors to remain independent
- ❖ To offer respite, information and support to carers
- ❖ To increase the frail-aged to access services and information
- ❖ Access to recreational activities
- ❖ To advocate on behalf of our clients and their carers
- ❖ Provide transport to the program activities
- ❖ To provide culturally appropriate and freshly cooked meals

**969 Group  
service hours**

**90 Clients'  
services per week**

**3780 clients'  
services in the  
year**

**1949 lunches**

**1949 morning  
teas**

**33 information  
sessions**

**Seniors' Week  
celebration  
attended by  
57people**

**48 Outings**

**2466 transport  
services**

**969 Group  
service hours**

**153 group's  
weekly  
services**

# Settlement Services

Laura Sardo and Sergio Gonzalez

NMA is a proud partners of the NSW Settlement Program (NSP), led by Settlement Services International (SSI). The objective of the program is to provide settlement support for eligible clients to promote economic and personal wellbeing, independence and community connectedness, as well as facilitate pathways to learning English, access further to education, JobActive and employment readiness programs.

NMA achieved these objectives by providing:

- Casework/Coordination and delivery of services
- Community Coordination and Development
- Youth Settlement Services

**Clients' outcomes:**  
83% assessed  
97.2% positive outcome.  
100% services satisfaction

**10**  
Information  
Sessions  
126  
participants

**358**  
Face to face  
services

**Participation in**  
3 Quarterly Meetings  
8 teleconferences  
3 working parties  
1 NSP Showcase event

**5 Nutrition-  
Healthy eating  
sessions in  
(partnership  
project)**

**352**  
Group  
sessions

**1 Introduction to  
Floristry course  
(8weeks)  
In partnership with  
TAFE Outreach**

**21**  
Conversational  
English  
Classes at  
Katoomba

**Active  
participation  
in 5 local  
Advisory  
Committees**

**10 Music  
Therapy  
sessions**

**409**  
Referrals  
(Formal and  
informal)

**30**  
Conversational  
English classes in  
St Marys and  
Katoomba

**10 Music  
Therapy  
sessions  
12  
participants**

**2 Mental Health  
Youth sessions  
80 participants**

**3 CALD  
Community  
Consultations.**

**18**  
Multicultural  
Interagencies  
meetings resourced  
and convened  
across the Nepean  
Region

**3 Harmony Day  
events across  
the Nepean  
Region.  
300 participants**

**1**  
CALD Youth  
Consultation  
22  
participants

**30**  
Outreach face  
to face  
sessions

**Hawkesbury  
Refugee Week  
Celebration  
24 participants**

**10 Wellbeing  
sessions  
In partnership  
with STARTTS  
12 participants**

**Penrith Refugee  
Week Celebration  
120 participants**

**1 Multicultural  
NSW Board of  
Directors Visit  
75 participants**



# Nepean Community Engagement Project (NCEP)

Shahnaz Martin

This project's purpose is to facilitate the Culturally and Linguistically Diverse (CALD) community interaction with the wider community, to have active participation in the local community life and equal access to appropriate services.

The program targets the whole community with a focus on CALD communities and individuals that have been in Australia for more than five years.

This report includes the activities held from April to June 2018.

**30 One to one services**

**Multicultural NSW Festival 2018  
NMA Iranian Group performance**

This was achieved by delivering the following:

**Supported the ArtWest Exhibition in Partnership with the St Marys area Community Development Project**

**Geriactivist Project.  
25 over 50 year old participants.**

**10 Yoga sessions for CALD women. 12 participants in partnership with Yoga Impact Charity**

**12 Music Therapy sessions in partnership with STARTTS. 8 participants.**

**2 CALD Women Outings in partnership with Penrith Women Health Centre  
30 participants**

**Refugee Week Event. Music Therapy group performance**

**3 Cultural Handicraft workshops at Katoomba in partnership with the Blue Mountains Women Health Centre**

**Tibetan Community Consultation / Dalai Lama birthday Celebration  
80 people attending**

**Participation on Youth Week Expo**

**1 NDIS Information session  
12 participants**

**2 Centrelink Information sessions**

**Colyton PS  
4 Parents information sessions  
25 participants**

# Juggling Act Project

Shahnaz Martin

July- December 2018

This project was funded by Clubs NSW, St Marys Band Club for 2 days a week to assist women from migrant and refugee backgrounds to gain the skills that can help them to function better in the Australian society, improve family relationships, parenting skills and employment opportunities

**Families in Cultural  
Transition- 10  
sessions in  
partnership with  
STARTTS.  
12 participants per  
session**

**2 Art and Craft  
Session  
14 participants**

**Centrelink  
parenting payment  
Information  
session  
12 participants**

**Mindfulness and  
Wellbeing workshop  
in  
Partnership with  
Penrith Women  
Health Centre**

**1 MyGov  
Information session  
12 Participants**

**1 Youth  
Consultation in  
partnership with  
NMA's Settlement  
and Project 9  
8 participants**

Special Events



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**Yoga Classes**



**Penrith Day of Peace**



**Geriactivist Project**





**Dalai Lama's Birthday at  
Katoomba**



**Music Therapy Group**



**MyGov Information session**



**Families in Cultural Transition  
Workshops**



**NDIS Information Session**



**International Women Day**





## ArtWest Exhibition



## Sydney Aquarium and Taronga Zoo Outings







MULTICULTURAL  
AGED  
DAY  
CARE  
PROGRAM  
ACTIVITIES



## Multicultural NSW visit to Penrith, May 2018

Ms Ray Williams,  
NSW Minister for  
Multiculturalism  
and Disability  
Services and  
Dr Hari Harinath,  
Chairperson  
Multicultural  
NSW Advisory  
Board



Multicultural  
NSW presentation  
To the visit  
organisers;  
Penrith City  
Council  
represented by  
Cllr Karen  
McKeown  
SydWest  
Multicultural  
Services  
represented by  
Elfa Moraitakis,  
CEO  
And NMA  
represented by  
Laura Sardo,  
Manager





**NSW Settlement Partnership Showcase.  
November 2017- Discussion panel**

**Our Wonderful volunteers:  
Hoda Merheb, Christie Woods, Nick Kandris, Lu Szuhyta and Aida Fratti.**





## 2017-2018 Management Committee, Staff and Volunteers

### Management Committee

President: John Joosten  
Vice President: Caroline Goosen  
Treasurer: Valeria Bascunan  
Secretary: Connie Reid

Ordinary Members: Sonia Cantalupo  
Thelma Mathias  
Reg Murray  
David Ryan  
Sandra Sonogo

### Staff

Manager & Settlement Services:	Laura Sardo
Multicultural Mobile Day Care Program Coordinator	Elizabeth Chavez
Settlement Services	Sergio Gonzalez
Nepean Community Engagement Project (NCEP) from May 2018	Shahnaz Martin
Admin support to the NCEP	Wendy Lake,
Senior Finance Officer	Bhami Nanthakrishnakumar
Multicultural Mobile Aged day Care Program Workers:	Mary Carpineli Dimitra Kandris Puspa Acharya Scott Edwards Sharon Guggerty

### Volunteers

Nick Kandris  
Aida Fratti  
Hoda Merheb  
Christie Woods  
Lu Szuhya  
Mary Murray



## **Nepean Multicultural Access Inc.**

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Email: [nma@nma.org.au](mailto:nma@nma.org.au)  
Web: [www.nma.org.au](http://www.nma.org.au)

**The content, information and opinions expressed in this report are those of Nepean Multicultural Access Inc. and not necessarily those of the funding bodies.**